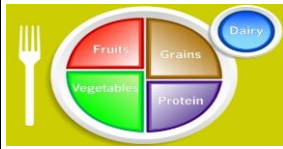


AUGUST 2016**Waynesboro High School
BREAKFAST & LUNCH MENU****SCHOOL NUTRITION PROGRAM**
Feeding the Future

WAYNESBORO PUBLIC SCHOOLS

Offered Daily;

**Breakfast after Bell
Rings and Second
Chance-mid-morning****Check out our****Breakfast Menu:****Come by and get a
smoothie!****Flavor of The Month:
Peach****TUESDAY****WEDNESDAY****THURSDAY****FRIDAY**

9

CHOOSE 1 ENTRÉE
 Manager's Choice
 Chicken Nuggets w/Roll
 Nacho Bar
 "Specialty Spinach Salad"
Veggies- 2 Different
Fruit - 2 Different
 Black Beans & Corn
 Steamed Peas
 Mashed Potatoes
 Canned Fruit, Fresh
 Fruit, Juice

10

CHOOSE 1 ENTRÉE
 Cheeseburger
 Sloppy Joe on Bun

Veggies- 2 Different
Fruit - 2 Different
 Baked Beans
 Baked Fries
 Canned Fruit, Fresh
 Fruit

11

CHOOSE 1 ENTRÉE
 Pizza Variety
 Hot Dog on WW Bun
 Taco w/Cheese, lett/tom
 Specialty Taco Salad
Veggies- 2 Different
Fruit - 2 Different
 Black Beans & Corn
 Mashed Potatoes
 Colelaw
 Canned Fruit, Fresh
 Fruit, Juice

12

CHOOSE 1 ENTRÉE
 Fish Treasurers w/Roll
 Chicken Fajita

Veggies- 2 Different
Fruit - 2 Different
 Baked Fries
Hot Veg'O Day
 Canned Fruit, Fresh
 Fruit

Each Lunch includes a Choice of Milk- 8 fl. oz-Fat Free White, 1 % White Milk, Fat Free Chocolate

15

CHOOSE 1 ENTRÉE
 Pizza Variety
 Salisbury Steak w/Rice

Veggies- 2 Different
Fruit - 2 Different
 Steamed Corn
 Baked Fries
 Canned Fruit, Fresh
 Fruit

16

CHOOSE 1 ENTRÉE
 Mac & Cheese
 Rib B Q on WW Bun
 Nacho Bar
 "Specialty Spinach Salad"
Veggies- 2 Different
Fruit - 2 Different
 Black Beans & Corn
 Green Beans
 Baked Fries
 Canned Fruit, Fresh
 Fruit, Juice

17

CHOOSE 1 ENTRÉE
 Meatball Sub
 Burrito w/Salsa

Veggies- 2 Different
Fruit - 2 Different
 California Blend Vegetable
 Seasoned Pinto Beans
 Canned Fruit, Fresh
 Fruit

18

CHOOSE 1 ENTRÉE
 Pizza Variety
 Chicken Nuggets w/Roll
 Taco w/Cheese, lett/tom
 Specialty Taco Salad
Veggies- 2 Different
Fruit - 2 Different
 Black Beans & Corn
 Sweet Potato Puffs
 Steamed Broccoli
 Canned Fruit, Fresh
 Fruit, Juice

19

CHOOSE 1 ENTRÉE
 Fish Melt on WW Bun
 Cheese Quesadilla

Veggies- 2 Different
Fruit - 2 Different
 Baked Fries
 Colelaw
 Canned Fruit, Fresh
 Fruit

21

CHOOSE 1 ENTRÉE
 Pizza Variety
 Bacon Cheeseburger

Veggies- 2 Different
Fruit - 2 Different
 Baked Beans
 Baked Fries
 Canned Fruit, Fresh
 Fruit

22

CHOOSE 1 ENTRÉE
 Spaghetti w/Meatballs
 and Bread Stick
 Corn Dog
 Nacho Bar
 "Specialty Spinach Salad"
Veggies- 2 Different
Fruit - 2 Different
 Black Beans & Corn
 Steamed Broccoli/ Pinto Beans
 Canned Fruit, Fresh
 Fruit, Juice

24

CHOOSE 1 ENTRÉE
 Asian Chicken w/Rice
 BBQ on Bun

Veggies- 2 Different
Fruit - 2 Different
 Asian Blend Vegetables
 Baked Fries
 Canned Fruit, Fresh
 Fruit

25

CHOOSE 1 ENTRÉE
 Pizza Variety
 Chicken Tenders w/Roll
 Taco w/Cheese, lett/tom
 Specialty Taco Salad
Veggies- 2 Different
Fruit - 2 Different
 Black Beans & Corn
 Mashed Potatoes
 Steamed Corn
 Canned Fruit, Fresh
 Fruit, Juice

26

CHOOSE 1 ENTRÉE
 Cheesy Steak Sub
 Chicken & Waffles

Veggies- 2 Different
Fruit - 2 Different
 Hash Browns
Hot Veg'O Day
Spicy Baked Apples
 Canned Fruit, Fresh
 Fruit

* All menus are subject to change without notice due to weather, calendar changes and/or product availability*

This Institution is an equal opportunity provider.

<p>29</p> <p>CHOOSE 1 ENTRÉE Pizza Variety Cheeseburger</p> <p>Veggies- 2 Different Fruit - 2 Different</p> <p>Baked Fries Steamed Baby Carrots Canned Fruit, Fresh Fruit</p>	<p>30</p> <p>CHOOSE 1 ENTRÉE Pork Egg Roll w/Rice Spicy Chicken Patty On Bun Nacho Bar "Specialty Spinach Salad"</p> <p>Veggies- 2 Different Fruit - 2 Different</p> <p>Black Beans & Corn Steamed Broccoli Baked Fries Canned Fruit, Fresh Fruit, Juice</p>	<p>31</p> <p>CHOOSE 1 ENTRÉE Mac & Cheese Meatball Sub Burrito w/Salsa</p> <p>Veggies- 2 Different Fruit - 2 Different</p> <p>California Blend Vegetable Sweet Potato Puffs Canned Fruit, Fresh Fruit</p>	<p>OFFERED DAILY:</p> <p>Chef Salad w/Salad Bar Toppings "Smuckers" PB & J Uncrustable Fresh Garden Side Salad, Fresh Raw Veggies, Lettuce-Tomato-Pickle w/all Sandwiches</p> <p>Mon- Turkey & Provolone Sub Tues- Club or Veggie Wrap Wed - Tuna Salad on a Croissant Roll Thurs - Ham & Cheese Wrap Fri - Italian Slammer Sub</p>
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<p>LITTLE GIANT'S GRAB-N-GO BREAKFAST BUFFET</p> <p><i>Savory Breakfast Biscuits</i> <i>Spicy Breakfast Burrito</i> <i>Satisfying Breakfast Pizza</i> <i>Kellogg's Pop-tarts</i> <i>Blueberry Waffles</i> <i>Pillsbury Mini Pancakes</i> <i>Cinnamon Bun</i> <i>Super Donut</i> <i>Muffin w/ 4oz. Fruited Yogurt</i> <i>Apple or Cherry Frudels</i> <i>Cocoa Cherry Bar w/ 4oz. Yogurt or String Cheese Stick</i> <i>Mr J's Bagel w/Cream Cheese</i> <i>Strawberry Bagel Bar</i></p> <p>Assorted Whole Grain Cereals w/Grahams or Cheese Stick 4oz. Fruited Parfait w/Granola <i>Fresh or Chilled Fruit, or 100 % Juice, Choice of Milk</i> Breakfast includes choice of entrée, juice, 1 serving of Fruit and choice of milk</p>	<p>PAYMENT INFORMATION</p> <table border="0"> <thead> <tr> <th></th> <th><u>BREAKFAST</u></th> <th><u>LUNCH</u></th> </tr> </thead> <tbody> <tr> <td>FULL PAY</td> <td>\$1.50</td> <td>\$2.80</td> </tr> <tr> <td>REDUCED PRICE</td> <td>\$0.30</td> <td>\$0.40</td> </tr> <tr> <td>ADULT</td> <td>\$1.90</td> <td>\$3.40</td> </tr> <tr> <td>MILK</td> <td>\$0.50</td> <td>\$0.50</td> </tr> </tbody> </table> <p>FOR QUICK & EASY ONLINE PAYMENTS - visit www.myschoolbucks.com</p> <p>CONTACT INFORMATION Tammy Coffey, SNP Manager Phone: 540-946-4600 ext 44 or tcoffey@waynesboro.k12.va.us visit us on the web at: www.waynesboro.k12.va.us</p> <p>Get in touch with us today to learn more about free and Reduced - price meals in our district: Pat Smith, School Nutrition Administrative Secretary, call @ 540-946-4607 ext.18 or email @ psmith@waynesboro.k12.va.us</p>		<u>BREAKFAST</u>	<u>LUNCH</u>	FULL PAY	\$1.50	\$2.80	REDUCED PRICE	\$0.30	\$0.40	ADULT	\$1.90	\$3.40	MILK	\$0.50	\$0.50
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For easy online payments and conveniently fund and monitor your child's account electronically using www.myschoolbucks.com. Register. Please keep in mind, there is \$2.50 per transaction fee to add funds through My Schoolbucks.

