

AUGUST 2016	ELEMENTARY SCHOOL BREAKFAST & LUNCH MENU	SCHOOL NUTRITION PROGRAM <i>Feeding the Future</i>
WAYNESBORO PUBLIC SCHOOLS		

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Offered Daily: PB&J Uncrustable w/Cheese Stick & Goldfish Crackers or Sunflower Seeds	9 CHOOSE 1 ENTRÉE Manager's Choice Crispy Chicken Sandwich Chef Salad w/Bread Stick Select up to 2 Vegetables and 1 Fruit Green Beans Buttered Corn Chilled & Fresh Fruit Milk	10 CHOOSE 1 ENTRÉE Macaroni & Cheese w/Bread Stick Chicken Crispers w/ Garlic Bread Chef Salad w/Bread Stick Select up to 2 Vegetables and 1 Fruit Steamed Broccoli Side Romaine Salad w/Tom Chilled & Fresh Fruit Milk	11 CHOOSE 1 ENTRÉE Meatball Sub Hot Dog on Bun Grilled Chicken Salad w/Roll Select up to 2 Vegetables and 1 Fruit Tater Tots Steamed Peas Chilled & Fresh Fruit Milk	12 CHOOSE 1 ENTRÉE Pizza Selection Ham & Cheese Croissant Chef Salad w/Bread Stick Select up to 2 Vegetables and 1 Fruit Coleslaw Baked Beans Fresh Baby Carrots Chilled & Fresh Fruit Milk

Each Lunch includes a Choice of Milk - 8 fl oz- Fat free White, 1% White Milk, Fat Free Chocolate

15 CHOOSE 1 ENTRÉE Cheeseburger w/Lett/Tom Italian Slammer Sub w/ lettuce & Tomato Chef Salad w/Bread Stick Select up to 2 Vegetables and 1 Fruit Potato Swirl Fries Raw Veggie Cup Chilled & Fresh Fruit Milk	16 CHOOSE 1 ENTRÉE Cheese Quesadilla w/Salsa Chicken Nuggets Chef Salad w/Bread Stick Select up to 2 Vegetables and 1 Fruit Seasoned Black Beans Baked Fries Raw Veggie Cup Chilled & Fresh Fruit Milk	17 CHOOSE 1 ENTRÉE Spagh w/ meat sauce & garlic bread Cheese & Bean Burrito w/ Salsa Chef Salad w/Bread Stick Select up to 2 Vegetables and 1 Fruit Side Romaine Salad w/Tom Steamed Broccoli Chilled & Fresh Fruit Milk	18 CHOOSE 1 ENTRÉE Chicken & Waffles w/Syrup Turkey & Cheese Croissant Grilled Chicken Salad w/Roll Select up to 2 Vegetables and 1 Fruit Spiced Baked Apples Hash Browns Raw Veggie Cup Chilled & Fresh Fruit Milk	19 CHOOSE 1 ENTRÉE Cheese Filled Bread Sticks w/Pizza Sauce Chicken Salad Sandwich Chef Salad w/Bread Stick Select up to 2 Vegetables and 1 Fruit Green Beans Buttery Corn Chilled & Fresh Fruit Milk
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21 CHOOSE 1 ENTRÉE Salisbury Steak w/Roll Corn Dog Nuggets Chef Salad w/Bread Stick Select up to 2 Vegetables and 1 Fruit Mashed Potatoes Steamed Peas Chilled & Fresh Fruit Milk	23 CHOOSE 1 ENTRÉE Beef Taco Salad Chicken Soft Taco Chef Salad w/Bread Stick Select up to 2 Vegetables and 1 Fruit Golden Corn Refried Beans Chilled & Fresh Fruit Milk	24 CHOOSE 1 ENTRÉE Macaroni & Cheese w/Bread Stick Sloppy Joe on a Bun Chef Salad w/Bread Stick Select up to 2 Vegetables and 1 Fruit Steamed Broccoli Baked Fries Chilled & Fresh Fruit Milk	25 CHOOSE 1 ENTRÉE Pork Egg Rolls Chicken Tenders w/Roll Grilled Chicken Salad w/Roll Select up to 2 Vegetables and 1 Fruit Asian Blend vegetables Raw Veggie Cup Chilled & Fresh Fruit Milk	26 CHOOSE 1 ENTRÉE Pizza Selection Ham & Cheese Croissant Chef Salad w/Bread Stick Select up to 2 Vegetables and 1 Fruit Side Romaine Salad w/Tom Fresh Baby Carrots Chilled & Fresh Fruit Milk
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This Institution is an equal opportunity provider.

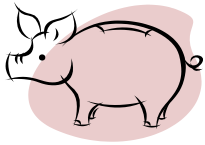
FRUITFUL for your FAMILY

Our meals are fantastic for your family in more ways than one. First, we're there for you every day, so you don't have to worry. Plus, our prices are the best you'll find for a full, balanced meal. We also meet healthy standards that are unheard of in most meals. And, oh yeah, we offer fruit (or veggie) with every meal we serve single day! Have a great year, and please join us often!



* All menus are subject to change without notice due to weather, calendar changes and/or product availability*

MONDAY	TUESDAY	WEDNESDAY	Welcome!	
19 CHOOSE 1 ENTRÉE Cheeseburger w/Lett/Tom Italian Slammer Sub w/ lettuce & Tomato Chef Salad w/Bread Stick Select up to 2 Vegetables and 1 Fruit Fries Baked Beans Raw Veggie Cup Chilled & Fresh Fruit Milk	20 CHOOSE 1 ENTRÉE Stuffed Shells w/Sauce w/Roll Fish w/Roll Chef Salad w/Bread Stick Select up to 2 Vegetables and 1 Fruit Steamed Broccoli Fresh Baby Carrots Coleslaw Chilled & Fresh Fruit Milk	21 CHOOSE 1 ENTRÉE Popcorn Chicken w/Roll Steak & Cheese Sub Chef Salad w/Bread Stick Select up to 2 Vegetables and 1 Fruit Mashed Potatoes Raw Veggie Cup Chilled & Fresh Fruit Milk	School Nutrition Cafeteria Managers Becky Deaver Anita Argenbright Annette Bess Cheryl Adkins Berkeley Glenn William Perry Elem. Wenonah Elem. Westwood Hills Elem.	
			PAYMENT INFORMATION	



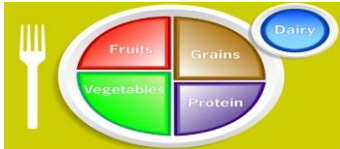
FULL PAY
 REDUCED PRICE
 ADULT
 MILK

BREAKFAST

\$1.50 daily/\$7.50 weekly
 \$0.30 daily/&1.50 weekly
 \$1.90
 \$0.50

LUNCH

\$2.55 daily/\$12.75 weekly
 \$0.40 daily/\$2.00 weekly
 \$3.40
 \$0.50



WPS SCHOOL NUTRITION FEEDING THE FUTURE

CONTACT INFORMATION

Tammy Coffey, SNP Manager

Phone: 540-946-4600 ext. 44 or

tcoffey@waynesboro.k12.va.us

visit us on the web at: www.waynesboro.k12.va.us

FOR QUICK & EASY ONLINE PAYMENTS - VISIT www.myschoolbucks.com

Get in touch with us today to learn more about free and reduced-price meals in our district: 540-946-4600 ext. 18 or psmith@waynesboro.k12.va.us

Wake Up! To School Breakfast

Tuesday 8/9 -Mini Pancakes
 Wednesday 8/10 - Mini Cinnamon Buns
 Thursday 8/11 -Scrambled Eggs w/Toast
 Friday 8/12 - Banaberry Muffin w/String Cheese
 Monday 8/15 - Breakfast Pizza
 Tuesday 8/16 - Mr J's Bagel w/Cream Cheese
 Wednesday 8/17 - French Toast
 Thursday 8/18 - Chicken Slider Sandwich
 Friday 8/19 - Egg & Cheese Biscuit

Monday 8/22 - Breakfast Pizza
 Tuesday 8/23 -Cherry Frudel
 Wednesday 8/24 - Scrambled Eggs w/Toast
 Thursday 8/25 - Pancake Sausage Stick
 Friday 8/26 - Waffle Stixs
 Monday 8/29 - Breakfast Pizza
 Tuesday 8/30 - Strawberry Bagel Bar
 Wednesday 8/31 - Egg & Cheese English Muffin



Offered Daily: Assorted Whole Grain Cereals w/Graham Crackers
 Cocoa Cherry Bar w/ 4oz Fruited Yogurt or String Cheese Stick,
 Fresh or Chilled Fruit, or 100% Fruit Juice and Choice of Milk

Please keep in mind, there is \$2.50 per transaction fee to add funds through My Schoolbucks.