

**WAYNESBORO CITY SCHOOLS – FAMILY LIFE EDUCATION  
2011 - 2012**

Topics covered by the Family Life Education Teacher(s) (Office on Youth)

**GRADE 8**

| DAY | TOPICS & S.O.L.   | ACTIVITIES   | RESOURCES   |
|-----|---|--|---|
| 1   | <p>Healthy Relationships<br/><i>(To include development of one's own sexual identity)</i></p> <p>S.O.L.: 8.1, <b>8.2</b>, 8.4, 8.5, 8.7, 8.13</p> | <p>Introductions<br/><i>Okay or No Way (Choose Respect) Assertiveness Quiz</i></p> <p>Discussion: Self Respect in Relationships</p>      | <p><i>Okay or No Way (Choose Respect) Activity Clickers (Interactive Response System, OOO Resource)</i></p> <p><i>Assertiveness Quiz</i></p> <p>Relationship Qualities Handout</p>                      |
| 2   | <p>Introducing Contraceptives and Reviewing STIs</p> <p>S.O.L.: 8.7*, 8.10*, 8.11*, 8.14*</p>   | <p><i>8<sup>th</sup> Grade Contraceptives PowerPoint</i></p> <p>Discussion</p>   | <p><i>Contraceptives PowerPoint</i></p> <p>Health Department Staff will present</p>   |
| 3   | <p>Part 1: Pregnancy: Development and Decisions</p> <p>S.O.L.: 8.3, 8.10, 9.9, 10.10</p>  | <p><i>PowerPoint: Fetal Development</i></p> <p>16 and Pregnant Episode (Macie) and Discussion</p> <p><i>Teen Parenting Worksheet</i></p> | <p><i>Fetal Development PowerPoint</i></p> <p>16 and Pregnant, Season 1 (Macie)</p> <p><i>16 and Pregnant Discussion Guide</i></p> <p><i>Teen Parenting Worksheet</i></p>                               |
| 4   | <p>Part 2: Pregnancy: Development and Decisions</p> <p>S.O.L.: 8.3, 8.10, 9.9, 10.10</p>  | <p>16 and Pregnant Continued (as needed)</p> <p><i>Elijah's Story</i></p> <p><i>Shaken Baby Simulator Demonstration</i></p>              | <p>16 and Pregnant, Season 1: Macie</p> <p><i>16 and Pregnant Discussion Guide</i></p> <p><i>DVD: Elijah's Story</i></p> <p><i>Shaken Baby Simulator</i></p>  |
| 5   | <p>Reality Matters and Social Media</p> <p>S.O.L.: 8.3, 8.6, 8.7, 8.13</p>  | <p><i>PowerPoint: Cyber-Harassment</i></p> <p><i>United Streaming Videos</i></p>   | <p><i>Cyber Harassment</i></p> <p><i>PowerPoints: Cyber-Harassment</i></p> <p><i>United Streaming Videos:</i></p> <p><i>Reality Matters: Teen Sexuality</i></p> <p><i>Skills For Healthy Living</i></p> |

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|  |  |  |  |  | <i>Sex and Consequences</i> |
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\*identified sensitive objectives