

WAYNESBORO CITY SCHOOLS – FAMILY LIFE EDUCATION

Topics covered by the Family Life Education Teacher(s) (Office on Youth)

6th GRADE

DAY	TOPICS	ACTIVITIES	RESOURCES
1	Emotional Changes of Puberty, Families and Seeking Independence 6.2, 6.3*, 6.7, 6.12	Discuss: Emotions and Independence during Puberty <i>My Family Tree Handout</i> <i>My Family Is...Handout</i> Discussion: Types of Families <i>Homework: Parent/Child Activity</i>	Book: Teen Health Course 1 Chap. 2 <i>My Family Tree Handout</i> <i>My Family Is...Handout</i> Book: Teen Health Course 1 Chap. 3 <i>Homework Handout: Parent/Child Activity</i> <i>United Streaming Videos:</i> <i>“Growing Up Boys”</i> <i>“Growing Up Girls”</i>
2	Puberty Review: Physical Changes of Puberty and Reproductive System Review 6.1, 6.2*, 6.3*	Review Puberty Information Puberty Worksheet Review of Male and Female Reproductive Systems	Puberty Worksheet Puberty Vocabulary Matching Worksheet Reproductive System Handouts (Male/Female) Reproductive System Visual Aids
3	Self-Reliance and Responsibility (Includes Hygiene) 6.1, 6.6*, 6.7, 6.12	Discussion of Responsibilities <i>My Responsibilities Handout</i> Discussion of Positive/Negative Consequences <i>Video: Healthy Habits for Teen Life</i> <i>Clean IQ Handout</i> <i>Homework: What’s Important to Me?</i>	<i>My Responsibilities Handout</i> <i>Clean IQ Handout</i> <i>Video: Healthy Habits for Teen Life</i> <i>Homework Handout : What’s Important to Me?</i>
4	Peer Pressure and Social Media 6.2*, 6.6*, 6.11*, 6.12	<i>Pressure Handout</i> Discussion <i>Netiquette and Internet Safety</i> <i>PowerPoints and discussion</i>	Book: Teen Health Course 1 Chap. 3 <i>Pressure Handout</i> <i>Netiquette PowerPoint</i> <i>Hide and Go Seek PowerPoint</i> <i>Netiquette Handout</i>