

**WAYNESBORO CITY SCHOOLS – FAMILY LIFE EDUCATION  
2011 - 2012**

Topics covered by the Family Life Education Teacher(s) (Office on Youth)

**GRADE 4**

<b>DAY</b>	<b>TOPICS &amp; S.O.L.</b>	<b>ACTIVITIES</b>	<b>RESOURCES</b>
1	Self Esteem and Values 4.5	Introductions Ground Rules The Shield	Ground Rules Handout The Shield Handout
2	Puberty 4.2	Puberty Worksheet	Puberty Worksheet
3	The Reproductive System 4.1	Reproductive System (Same-sex)	Reproductive System Worksheets Reproductive System Visual Aids Optional (Pads/Tampons to show girls)
4	Abuse and Neglect 4.7	Video: Breaking the Silence Worksheet	Video: Breaking the Silence Kids Should Know Worksheet Guidance Counselor Forms

\*identified sensitive objectives