

May, 2017

**Kate Collins Middle School
BREAKFAST & LUNCH MENU**

SCHOOL NUTRITION PROGRAM
Feeding the Future

WAYNESBORO PUBLIC SCHOOLS

**Grab n Go Breakfast To Classroom
or Visit the Cafeteria Serving Line**

Manager's Breakfast Special - May 8th - 23rd!

AVAILABLE DAILY AT LUNCH

Fresh Romaine Garden Salad

Little Giant's Café: Savory Breakfast Biscuits,

Fresh Garden Chef Salad

Raw Veggies

*Cinnamon Roll, Fruited Pillsbury Parfait w/Granola
Hot Oatmeal, Pillsbury Apple or Cherry Frudels
Satisfying Tony's Breakfast Pizza
Kellogg's Pop-tarts, Breakfast Buns,
Pillsbury Mini Pancakes,
Pillsbury Variety Breakfast Bars w/Cheese Stick or Yogurt
Muffin w/Fruited Yogurt or Cheese Stick
Pillsbury Strawberry Cream Cheese Bagel
Selection of Cold Cereals w/Annie's Bunny Grahams
Breakfast includes choice of entrée, juice,
1 serving of Fruit and choice of milk*

PB & J Uncrustable

Lettuce/Tomato/Pickle on Sandwiches Days

Bistro Boxes:

Power Pack: Meat Stick, Mozzarella Stick, Pretzels, Fruit Choice & Carrots

Mind & Body Medley: Yogurt, Granola, Raisins & Carrots

Trail Blazer: Sunflower Seeds, Raisins, Cheese Stick, Graham Bites, Carrots

Highlander Munch'able: Italian Slammer Sub, Sun Chips, Carrots & Fruit Choice

Peanut Butter Jelly Time: Uncrustable, Carrots & Fruit Choice

We source local products when seasonally available. All of our salads are prepared with locally grown lettuces.

All entrees are contain or are served with Whole grain Rich component

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1
CHOOSE 1 ENTRÉE
*Hamburger or
Cheeseburger on a Bun
Chicken Tenders
Wedge Fries
Baked Beans
Fruit Selection*

2
CHOOSE 1 ENTRÉE
*Cheese-Steak Sub
Cheese Quesadilla
Fries
Green Beans
Fruit Selection*

3
CHOOSE 1 ENTRÉE
*Salisbury Steak & Gravy
w/Roll
Chicken Bacon Ranch Sub
Mashed Potatoes
Steamed Peas
Fruit Selection*

4
CHOOSE 1 ENTRÉE
*Chicken Nachos w/
Toppings
Turkey & Cheese Sandwich
French Fries
Steamed Broccoli
Fruit Selection*

5
CHOOSE 1 ENTRÉE
*Pizza Variety
Manager's Choice
Hot Vegetable
Fruit Selection
Milk
V- Blend Juice*

EACH LUNCH INCLUDES A CHOICE OF MILK: All milk is Non-Fat or Low Fat, Available in White or Chocolate!

8
CHOOSE 1 ENTRÉE
*Chicken Fajita Melt
Chicken Tenders
California Asian Blend
Vegetables
French Fries
Fruit Selection*

9
CHOOSE 1 ENTRÉE
*Nachos w/ Toppings
Cheesy Bean Burrito
Rice w/Peas & Corn
Wedge Fries
Fruit Selection*

10
CHOOSE 1 ENTRÉE
*Spaghetti w/Meat Sauce
w/Texas Toast
Steamed Broccoli
Fruit Selection*

11
CHOOSE 1 ENTRÉE
*Turkey Bacon &
Cheese Sub
Chicken Nuggets w/
Roll
Hot Vegetable
Fruit Selection*

12
CHOOSE 1 ENTRÉE
*Pizza Variety
Calzonettes
Hot Vegetable
Steamed Corn
French Fries
Fruit Selection*

Menus are subject to change.

Last Day For Chef Salad's -May 18th



We Buy Local and Serve Fresh Local Produce Whenever Possible!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
15 CHOOSE 1 ENTRÉE Manager's Special	16 CHOOSE 1 ENTRÉE Manager's Special	17 CHOOSE 1 ENTRÉE Manager's Special	18 CHOOSE 1 ENTRÉE Manager's Special	19 CHOOSE 1 ENTRÉE Manager's Special

22 CHOOSE 1 ENTRÉE Manager's Special	23 CHOOSE 1 ENTRÉE Manager's Special EARLY DISMISSAL! ORDER A BAG LUNCH TO GO! <i>Milk Choice</i> Last Day of School !	Have a Happy & Safe Summer! 	Happy Memorial Day! May 29th 	
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<u>PAYMENT INFORMATION</u>			We source local products when seasonally available. All of our salads are prepared with locally grown lettuce
	<u>BREAKFAST</u>	<u>LUNCH</u>	
FULL PAY	\$1.50	\$2.80	<i>A complete lunch is: 1 protein/grain entrée, 1/2 cup fruit, 3/4cup vegetables & one half - pint of milk. Students may select less food, but must be served at least 1/2 cup fruit or vegetable with lunch each day.</i>
REDUCED PRICE	\$0.30	\$0.40	
ADULT	\$1.90	\$3.30	
MILK	\$0.50	\$0.50	
FOR QUICK & EASY ONLINE PAYMENTS - visit  www.myschoolbucks.com 			
CONTACT INFORMATION Tammy Coffey, SNP Manager Phone: 540-946-4600 ext 44 or tcoffey@waynesboro.k12.va.us visit us on the web at: www.waynesboro.k12.va.us			
Get in touch with us today to learn more about free and reduced-price meals in our district: 540-946-4600 ext.18 or psmith@waynesboro.k12.va.us			

Please make every effort to keep your child's account in good standing.

Please pay all charges promptly.

No charging meals after May 1st.



This institution is an equal opportunity provider.