

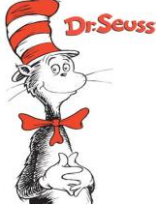


MARCH 2017	Elementary School BREAKFAST & LUNCH MENU	SCHOOL NUTRITION PROGRAM <i>Feeding the Future</i>
WAYNESBORO PUBLIC SCHOOLS		


Mon	Tony's Breakfast Pizza <i>Fresh Fruit or 100% Fruit Juice, Milk</i>	Mon	Pillsbury Mini Pancakes <i>Fresh Fruit or 100% Fruit Juice, Milk</i>
Tues	Egg N'Cheese Biscuit <i>Fresh Fruit or 100% Fruit Juice, Milk</i>	Tues	Pillsbury Mini Cinnis <i>Fresh Fruit or 100% Fruit Juice, Milk</i>
Wed	Muffin w/String Cheese <i>Fresh Fruit or 100% Fruit Juice, Milk</i>	Wed	Pancake & Sausage Nugget <i>Fresh Fruit or 100% Fruit Juice, Milk</i>
Thurs	Pillsbury Apple or Cherry Frudel <i>Fresh Fruit or 100% Fruit Juice, Milk</i>	Thurs	Pillsbury Mini Strawberry Cream Cheese Bagel <i>Fresh Fruit or 100% Fruit Juice, Milk</i>
Fri	Apple Breakfast Bun Bites <i>Fresh Fruit or 100% Fruit Juice, Milk</i>	Fri	Chicken or Sausage Biscuit <i>Fresh Fruit or 100% Fruit Juice, Milk</i>

Offered Daily: Assorted Whole Grain Cereals w/Pillsbury Annie's Bunny Grahams, Fruited Yogurt w/Annie's Bunny Grahams, Pillsbury Fruited Parfaits w/Granola, Breakfast Bars serve w/ Fruited Yogurt or String Cheese,

Menu Varies For Schools serving Breakfast in the Classroom!

		WEDNESDAY	THURSDAY	FRIDAY
National School Breakfast Week March 6 - 10 	 Read Across America Day - March 3, 2017  Dr. Seuss Birthday March 3, 2017	1 CHOOSE 1 ENTRÉE Beef-A-Roni & Garlic Toast Turkey 'N' Cheese Sandwich <i>Fresh Garden Chef Salad</i> PB & J Uncrustable Combo Meal Raw Veggies Steamed Broccoli Fresh Garden Salad Fresh or Chilled Fruit Milk	2 CHOOSE 1 ENTRÉE Crazy Nacho's w/ Toppings Cuban Pork & Cheese Wrap <i>Fresh Garden Chef Salad</i> PB & J Uncrustable Combo Meal Corn & Black Bean Salsa French Fries Hot Vegetable/Raw Veggies Fresh or Chilled Fruit Milk	3 CHOOSE 1 ENTRÉE Celebrating Dr.Suess' Green Eggs & Ham w/ Pillsbury Mini Pancakes Tater Tots/ Celery Sticks Strawberry/Banana Kiwi Fruit Offered Daily <i>Fresh Garden Chef Salad</i> PB & J Uncrustable Combo Meal Milk

Each Lunch Includes a Choice of Milk - All MILK IS NON-FAT OR LOW FAT AVAILABLE IN WHITE OR CHOCOLATE

6 CHOOSE 1 ENTRÉE Hamburger or Cheeseburger on Bun Corn Dog <i>Fresh Garden Chef Salad</i> PB & J Uncrustable Combo Meal Fries Steamed Broccoli Fruit Cups Milk	7 CHOOSE 1 ENTRÉE Chicken Tenders w/Roll <i>Fresh Garden Chef Salad</i> PB & J Uncrustable Combo Meal Mashed Potatoes Steamed Peas Fruit Cups Milk	8 CHOOSE 1 ENTRÉE Italian Dunkers w/ Marinara Sauce <i>Fresh Garden Chef Salad</i> PB & J Uncrustable Combo Meal Hot Vegetable Tater Tots Veggie Cup Fruit Selection Milk	9 CHOOSE 1 ENTRÉE Culture Day Asian Chicken w/Sauce & Egg Roll <i>Fresh Garden Chef Salad</i> PB & J Uncrustable Combo Meal Asian Stir Fry Veggies Buttered Corn Baby Carrots Asian Pear Milk	10 Breakfast will be served Early Dismissal Day! Ordered a Bag Lunch To Go!  Milk
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WPS believes that no child should go hungry or miss a school meal due to outstanding balances or meal charges. An alternate meal will be provided to any child owing monies for meal charges or having a zero balance on their meal account. If you are having difficulties paying account balances please contact either Tammy Coffey at 540-946-4600 ext. 44 or Pat Smith at 540-946-4600 ext. 18 for assistance.

- Please make every effort to keep your child's account in good standing.
- Account balances can be viewed online through Café Prepay or you may ask your school's Cafeteria Manager.
- For your convenience www.myschoolbucks.com is available for making payments to student school meal accounts.

The Nutrition Staff of Waynesboro Public Schools strive to provide healthy and nutritious meals for all students to help them perform their best in the learning environment. We encourage parents to visit the school cafeteria and enjoy a lunch or breakfast with your child. We welcome your feedback on the meals and menu.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY															
13 CHOOSE 1 ENTRÉE <i>Chicken Fajta Wrap w/Toppngs</i> Chicken Sandwich <i>Fresh Garden Chef Salad</i> PB & J Uncrustable Combo Meal Tater Tots Mixed Vegetables Veggie Blend Juice Fresh or Chilled Fruit Milk	14 CHOOSE 1 ENTRÉE Popcorn Chicken Ham & Cheese on Bun <i>Fresh Garden Chef Salad</i> PB & J Uncrustable Combo Meal Fries Steamed Peas Baby Carrots Fresh or Chilled Fruit Milk	15 CHOOSE 1 ENTRÉE Neat- O- Nachos w/ <i>w/Toppings</i> Cuban Pork & Cheese Wrap <i>Fresh Gardn Chef Salad</i> PB & J Uncrustable Combo Meal Corn & Black Beans Salsa Side Romaine Salad Hot Vegetable Fresh or Chilled Fruit Milk	16 CHOOSE 1 ENTRÉE Steak n' Gravy w/Roll Hot Dog on Bun <i>Fresh Garden Chef Salad</i> PB & J Uncrustable Combo Meal Mashed Potatoes Steamed Broccoli Baked Beans Fresh or Chilled Fruit Milk	17 CHOOSE 1 ENTRÉE Pizza Variety <i>Fresh Garden Chef Salad</i> PB & J Uncrustable Combo Meal Hot Vegetable Raw Veggies Selection of Fruits Milk															
20 CHOOSE 1 ENTRÉE Neat- O- Nachos w/ Toppings <i>Roasted Pork w/Gravy &Roll</i> <i>Fresh Garden Chef Salad</i> PB & J Uncrustable Combo Meal Corn & Black Bean Salsa Mashed Potatoes Raw Veggie Cup Fresh or Chilled Fruit Milk	21 CHOOSE 1 ENTRÉE Chicken Tenders w/Roll <i>Fresh Garden Chef Salad</i> PB & J Uncrustable Combo Meal Mixed Vegetable Blend Steamed Peas Fresh or Chilled Fruit Milk	22 CHOOSE 1 ENTRÉE Pillsbury Variety <i>Breakfast For Lunch</i> <i>Fresh Gardn Chef Salad</i> PB & J Uncrustable Combo Meal Tater Tots Baby Carrots Baked Apples Fresh or Chilled Fruit Milk	23 CHOOSE 1 ENTRÉE Manager's Special <i>Fresh Garden Chef Salad</i> PB & J Uncrustable Combo Meal Hot Vegetable Raw Veggies Selection of Fruits Fresh or Chilled Fruit Milk	24 CHOOSE 1 ENTRÉE Pizza Variety Turkey 'N' Cheese Sandwich <i>Fresh Garden Chef Salad</i> PB & J Uncrustable Combo Meal Steamed Broccoli Fresh Garden Salad Fresh or Chilled Fruit Milk															
Why is Breakfast Important? <ul style="list-style-type: none"> •Breakfast is essential to "waking up" your brain & body •Studies have shown that hungry students do not learn well. What is School Breakfast? School breakfast is available to all students. Breakfast is available in all schools beginning the first day of school. Breakfast served at school meets one-fourth of a child's daily nutritional needs.		 Spring Break Begins March 27th - March 31																	
"USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER"																			
PAYMENT INFORMATION: <table border="0"> <thead> <tr> <th></th> <th><u>BREAKFAST</u></th> <th><u>LUNCH</u></th> </tr> </thead> <tbody> <tr> <td>FULL PAY</td> <td>\$1.50 daily/\$7.50 weekly</td> <td>\$2.55 daily/\$12.75 weekly</td> </tr> <tr> <td>REDUCED PRICE</td> <td>\$0.30 daily/&1.50 weekly</td> <td>\$0.40 daily/\$2.00 weekly</td> </tr> <tr> <td>ADULT</td> <td>\$1.90</td> <td>\$3.40</td> </tr> <tr> <td>MILK</td> <td>\$0.50</td> <td>\$0.50</td> </tr> </tbody> </table>					<u>BREAKFAST</u>	<u>LUNCH</u>	FULL PAY	\$1.50 daily/\$7.50 weekly	\$2.55 daily/\$12.75 weekly	REDUCED PRICE	\$0.30 daily/&1.50 weekly	\$0.40 daily/\$2.00 weekly	ADULT	\$1.90	\$3.40	MILK	\$0.50	\$0.50	 mySchoolBucks.com
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CONTACT INFORMATION: Tammy Coffey Phone: 540-946-4600 ext. 44 or tcoffey@waynesboro.k12.va.us visit us on the web at: www.waynesboro.k12.va.us FOR QUICK & EASY ONLINE PAYMENTS - VISIT www.myschoolbucks.com																			