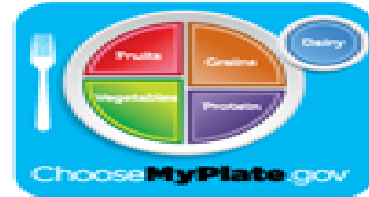



WAYNESBORO PUBLIC SCHOOLS

OFFERED DAILY: Little Giant's Cafe

Fresh Garden Chef Salad, Chicken Salad Sub or Wrap
 PB & J Un crustable *All entrees are contain or are served with Whole Grain Rich Component.*
 Fresh Raw Veggies
 Lettuce/Tomato/Pickle,
 Fresh Garden Side Salad
 Bistro Boxes Are a Complete Meal:
 PowerPack: Meat Stick, Mozzarella Stick, Pretzels, Fruit Choice & Carrots
 Little /Giant's Lunch Box: Italian Slammer Sub or Wrap, w/Sun Chips, Carrots & Fruit Choice
 Peanut Butter Jelly Time: Un-Crustable, Carrots, Fruit
 A complete lunch is: 1 protein/grain entrée, 1/2 cup cup fruit, 3/4 cup vegetables & one half-pint of milk. Students may select less food, but must be served at least 1/2 cup fruit or vegetable with lunch each day.

DON'T 4 GET! Take at least ONE FRUIT or VEGGIE and at least THREE items total so your meal counts as a complete lunch!



| BABY <i>It's</i> COLD OUTSIDE  <small>ZingerBug.com</small> | School Delay? Need Breakfast? No Problem. WPS all serve hot breakfast on school days with one or two hour delays. | WEDNESDAY 1 CHOOSE 1 ENTRÉE Grilled Cheese w/Soup Fish Fry Basket Potato Wedges Steamed Broccoli Fruit Selection Milk | THURSDAY 2 CHOOSE 1 ENTRÉE Pulled Pork BBQ Chicken Tenders Southern Creamy Coleslaw Brown Beans Fries Fruit Selection or 100% Fruit Juice Milk | FRIDAY 3 CHOOSE 1 ENTRÉE Pizza Variety Manager's Choice Hot Vegetable Fruit Selection or V- Blend Juice Milk |
|---|--|--|---|--|
|---|--|--|---|--|



EACH LUNCH INCLUDES A CHOICE OF MILK: All milk is Non-Fat or Low Fat, Available in White or Chocolate!

| | | | | |
|--|--|--|--|--|
| 6 CHOOSE 1 ENTRÉE Chicken Crispers B-Y-O Nachos, Salsa Cup Buttered Corn Fries Fruit Selection Milk | 7 CHOOSE 1 ENTRÉE Hamburger or Cheeseburger on WG Bun Baked Beans Seasoned Wedge Fries Fruit Selection or 100% Fruit Juice Milk | 8 CHOOSE 1 ENTRÉE Spaghetti w/Meat Sauce w/Texas Toast Chicken Fajita Melt Taco Steamed Broccoli French Fries Fruit Selection Milk | 9 CHOOSE 1 ENTRÉE Sloppy Joe Sliders Chicken Tenders Mashed potatoes Steamed Peas Fruit Selection or 100% Fruit Juice Milk | 10 CHOOSE 1 ENTRÉE Pizza Variety Manager's Choice Hot Vegetable Fruit Selection or V- Blend Juice Milk |
|--|--|--|--|--|

WPS believes that no child should go hungry or miss a school meal due to outstanding balances or meal charges. An alternate meal will be provided to any child owing monies for meal charges or having a zero balance on their meal account. If you are having difficulties paying account balances please contact either Tammy Coffey at 540-946-4600 ext. 44 or Pat Smith at 540-946-4600 ext. 18 for assistance.

- Please make every effort to keep your child's account in good standing.
- Account balances can be viewed online through Café Prepay or you may ask your school's Cafeteria Manager.
- For your convenience www.myschoolbucks.com is available for making payments to student school meal accounts.

The Nutrition Staff of Waynesboro Public Schools strive to provide healthy and nutritious meals for all students to help them perform their best in the learning environment. We encourage parents to visit the school cafeteria and enjoy a lunch or breakfast with your child. We welcome your feedback on the meals and menu.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|--|--|
| 13 CHOOSE 1 ENTRÉE <i>Herb Baked Chicken</i> B-Y-O Nachos, Salsa Cup Fries Buttered Corn Fruit Selection Milk | 14 CHOOSE 1 ENTRÉE <i>Italian Pizza Dippers</i> <i>w/Marinara Sauce</i> <i>Cheesesteak Sub</i> <i>Fries</i> <i>Buttered Corn</i> <i>Fruit Selection</i> or 100% Fruit Juice Milk | 15 CHOOSE 1 ENTRÉE <i>Chili w/ Cheese & Dinner Roll</i> Pull Pork Sandwich Steamed Broccoli Fries Fruit Selection Milk | 16 CHOOSE 1 ENTRÉE Salisbury Steak & Gravy Chicken Tenders Mashed Potatoes Steamed Peas Fruit Selection or 100% Fruit Juice Milk | 17 EARLY DISMISSAL! ORDER A BAG LUNCH TO GO!  Milk |
| 20 NO SCHOOL FOR STUDENTS! Staff Development Workday!  | 21 CHOOSE 1 ENTRÉE Hamburger or Cheeseburger on WG Bun Baked Beans Seasoned Wedge Fries Fruit Selection or 100% Fruit Juice Milk | 22 CHOOSE 1 ENTRÉE <i>Spaghetti w/Meat Sauce</i> w/Texas Toast Chicken Fajita Melt Taco Steamed Broccoli French Fries Fruit Selection Milk | 23 CHOOSE 1 ENTRÉE <i>Pulled Pork BBQ</i> <i>Chicken Tenders</i> <i>Southern Creamy Coleslaw</i> Baked Beans Fries Fruit Selection or 100% Fruit Juice Milk | 24 CHOOSE 1 ENTRÉE Manager's Choice Hot Vegetable Fruit Selection or V- Blend Juice Milk |
| 27 CHOOSE 1 ENTRÉE <i>Chicken Bacon Sub</i> B-Y-O Nachos, Salsa Cup Fries Steamed Broccoli Fruit Selection Milk | 28 CHOOSE 1 ENTRÉE <i>Italian Pizza Dippers</i> <i>w/Marinara Sauce</i> <i>Beef & Cheese Burrito</i> <i>Fries</i> <i>Buttered Corn</i> <i>Fruit Selection</i> or 100% Fruit Juice Milk | Little Giant's Breakfast Café: Savory Breakfast Biscuits, Breakfast Buns, Satisfying Tony's Breakfast Pizza, Strawberry Cream Cheese Bagel Kellogg's Pop-tarts, Cherry Frudel, Egg & Cheese N Pillsbury Mini Pancakes or Mini Waffles Hot Oatmeal, Fruited Parfait w/Granola Breakfast Bars w/ 4oz. Yogurt or String Cheese Stick Muffin w/Fruited Yogurt or String cheese Stick, Breakfast Bites Selection of Cold Cereals w/Grahams Breakfast includes choice of entrée, juice, 1 serving of Fruit and choice of milk Check it out - Grab "n"Go Breakfast after first period. "Second Chance" 10:00 am | | |

PAYMENT INFORMATION

| | <u>Breakfast</u> | <u>Lunch</u> |
|------------|------------------|--------------|
| Full Pay - | \$1.50 | \$2.80 |
| Reduced - | \$0.30 | \$0.40 |
| Adult - | \$1.90 | \$3.40 |
| Milk - | \$0.50 | \$0.50 |



Get in touch with us today to learn more about free and reduced-price meals on our district: Pat Smith, Nutrition Secretary 540-946-4607 ext. 18



FOR QUICK AND EASY ONLINE PAYMENTS - VISIT

www.myschoolbucks.com

CONTACT INFORMATION:

Tammy Coffey, SNP Manager

Phone: 540-946-4600 ext. 44 or tcoffey@waynesboro.k12.va.us

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER!