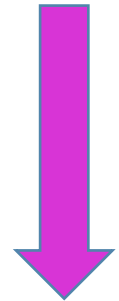
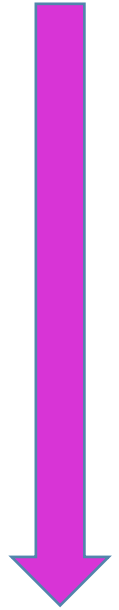


P.E. at a Glance K-2

Month	School Week	Motor Skill Development	Anatomical Basis of Movement	Fitness Planning			Social Development			Energy Balance
August	1		Spatial Awareness k.2 d 1.2 e 2.2 ab	Fitness Planning will be ongoing throughout the year			Social Development will be ongoing throughout the year.			Energy Balance and nutrition will be integrated throughout the year. It will be focused on during March.
	2	Locomotor Skills								
	3	k.1 a 1.1 a 2.1 d								
	4	Levels/pathways/speed k.1 fghi 1.1 hijk 2.1 e								
September	5	Underhand Toss		k.3	1.3	2.3	K.4	1.4	2.4	
	6	k.1 c 1.1 cd 2.1 a		k.3	1.3	2.3	K.4	1.4	2.4	
	7	Overhand Throw 2.1 h		k.3	1.3	2.3	K.4	1.4	2.4	
	8	Toss & Catch k.1 c 1.1cd 2.1a		k.3	1.3	2.3	K.4	1.4	2.4	
October	9	Underhand roll		k.3	1.3	2.3	K.4	1.4	2.4	
	10	k.1 c 1.1 c 2.1 f		k.3	1.3	2.3	K.4	1.4	2.4	
	11	Dribble/pass w/feet		k.3	1.3	2.3	K.4	1.4	2.4	
	12	k.1 d 1.1 cd 2.1 a		k.3	1.3	2.3	K.4	1.4	2.4	
November	13	Kicking k.1 c 1.1 cd 2.1 a		k.3	1.3	2.3	K.4	1.4	2.4	
	14	Dribble/pass w/hands		k.3	1.3	2.3	K.4	1.4	2.4	
	15	k.1 c 1.1 c 2.1 h	Skeletal/Muscular system k.2 abc 1.2 abcd 2.2 cdef	k.3	1.3	2.3	K.4	1.4	2.4	
	16			k.3	1.3	2.3	K.4	1.4	2.4	
17	Volleying k.1 c 1.1 c 2.1 a	k.3		1.3	2.3	K.4	1.4	2.4		
18	striking w/ implements	k.3		1.3	2.3	K.4	1.4	2.4		
December	19	k.1 c 1.1 cd 2.1 h		k.3	1.3	2.3	K.4	1.4	2.4	
Winter Break										
January	20		Cardiovascular System k.2 b 1.2 cd 2.2g	k.3	1.3	2.3	K.4	1.4	2.4	
	21			k.3	1.3	2.3	K.4	1.4	2.4	
	22	Balancing/tumbling		k.3	1.3	2.3	K.4	1.4	2.4	
February	23	k.1 b 1.1 b 2.1 b		k.3	1.3	2.3	K.4	1.4	2.4	
	24	k.1 k 1.1 e		k.3	1.3	2.3	K.4	1.4	2.4	
	25	Dance/rhythmic activities k.1 e 1.1 fg 2.1 c		k.3	1.3	2.3	K.4	1.4	2.4	
	26	Jump rope		k.3	1.3	2.3	K.4	1.4	2.4	
March	27	k.1 j 1.1 lm 2.1 gh		k.3	1.3	2.3	K.4	1.4	2.4	
	28			k.3	1.3	2.3	K.4	1.4	2.4	
	29			k.3	1.3	2.3	K.4	1.4	2.4	
	30	Cooperative Activities		k.3	1.3	2.3	K.4	1.4	2.4	
31			k.3	1.3	2.3	K.4	1.4	2.4		
Spring Break										
April	32	Underhand Toss		k.3	1.3	2.3	K.4	1.4	2.4	
	33	k.1 c 1.1 cd 2.1 a		k.3	1.3	2.3	K.4	1.4	2.4	
	34	Overhand Throw 2.1 h		k.3	1.3	2.3	K.4	1.4	2.4	
	35	Cooperative Activities		k.3	1.3	2.3	K.4	1.4	2.4	
May	36	Jump rope		k.3	1.3	2.3	K.4	1.4	2.4	
	37	k.1 j 1.1 lm 2.1 gh		k.3	1.3	2.3	K.4	1.4	2.4	
	38	Cooperative Activities		k.3	1.3	2.3	K.4	1.4	2.4	
	39			k.3	1.3	2.3	K.4	1.4	2.4	



Nutrition
k.5 1.5 2.5